

Accessing community food and financial support



Does your household need extra financial support?
There are a range of services, grants and support available.

Useful resources:

- **Citizens Advice, Lewes District** – can help direct you a range of advice and help services. They can also put you in touch with a range of voluntary groups and foodbanks across East Sussex. Call 0808 278 7892 and leave a message or find advice online at Lewes District Citizens Advice: lewesdistrictca.org.uk.
- **Welcome spaces** – safe, non-judgmental spaces where you can: sit and be warm, study or work on your laptop (with access to Wi-fi), have a hot drink, be with company, access advice or information on things such as debt, bills, benefits and food.
Visit lewes-eastbourne.gov.uk/cost-of-living to find out more.
- **Lewes District Food Partnership, Grow Cook Eat network** – brings together community-centred opportunities to grow, cook and eat together, including community meals and produce sharing. Visit <https://lewesdistrictfoodpartnership.org/resources/grow-cook-eat-network/> to find a project near you.
- **Healthy Start** – If you're more than 10 weeks pregnant or have a child under 4, you may be able to access help to buy healthy food and milk. Visit: <https://www.healthystart.nhs.uk/> to find out more.

For a summary of support available:

- Check out the Lewes District Council website: lewes-eastbourne.gov.uk/cost-of-living
- Also take a look at the East Sussex County Council website, including resources in other languages:
<https://www.eastsussex.gov.uk/community/cost-of-living-support>

Community Food Support

These projects provide food support if your household is struggling to access enough food.

Lewes

Fitzjohns Community Food and Café

Mondays, 12–2.30pm.

No referral, membership contribution of £3.50/week (6 weeks free support for those experiencing financial hardship).

Christ Church, Prince Edwards Road, Lewes, BN7 1BL.

Tel: 07395 156873. Email: fitzjohnsfoodbank@gmail.com.

Landport Foodbank

Mondays, 2–2:45pm. Tenants Resource Centre, 2a Horsefield Road, Lewes, BN7 2TA. Referral needed.

Tel: 07793 953446. Email: debbietwitchen@gmail.com.

Malling Foodbank

Mondays 12–1pm. Kings Church, Unit 3, Brooks Road, Lewes, BN7 2BY. Referral needed. Community café 11am–2pm.

Tel: 07539 306585. Email: admin@mallingsfoodbank.org.

Newhaven

Newhaven Baptist Church Foodbank

Wednesdays and Fridays 9:30am–12pm. Newhaven Baptist Church, Church Hill, Newhaven, BN9 9NA. No referral needed.

Tel: 07312 036610. Email: katecarver1@gmail.com.

Newhaven Community Supermarket

Wednesdays, 11am–1pm. 6 weeks consecutive free support for new members, followed by a £3 contribution.

Denton Island Community Centre, Newhaven, BN9 9BA.

Tel: 01273 517250. Email: food@sussexcommunity.org.uk.

Havens Food Cooperative's Community Pantry

Open every day from 9am, 365 days a year.

Surplus food, available for anyone to collect.

2a Thompson Road, Denton, BN9 0RS.

Tel: 01273 918226. Email: havensfoodcoop@gmail.com.

Community Food Support, continued

Peacehaven

Peacehaven Community Supermarket & Café

Thursdays, 11am–1pm. 6 weeks consecutive free support for new members, followed by a £3 contribution.

Community House, Meridian Way, Peacehaven, BN10 8BB.

Tel: 01273 517250. Email: food@sussexcommunity.org.uk.

Seaford

Seahaven Storehouse Foodbank

Thursdays, 11:30am–2pm.

Seaford Community Church, 115–117 Vale Road, Seaford, BN25 3HB.

Referral needed.

Tel: 07921 844930. Email: seahavenstorehouse@gmail.com.

Website: www.seahavenstorehouse.org.

Community larders, fridges and cafes

These projects offer surplus food, community spaces and/or refreshments and meals free of charge or low-cost.

Lewes

Lewes Community Fridge

Saturdays, 10:30am–12:30. Lewes Town Hall, back door, near top of Market Lane. Surplus food for collection.

Email: lewescommunityfridge@gmail.com.

Community larders, fridges and cafes, continued

Newhaven

Havens Connections Café

Monday to Friday, 10am–3pm. Hillcrest Centre, Newhaven, BN9 9LH.
Low-cost community based café. Offering £1 meals for kids.
Two pay-as-you-feel sessions per day, at 9:15–10:15am for breakfast
and 2–3pm for lunch

Newhaven Community Supermarket Café

Wednesdays, 11am–1pm. Runs alongside the Community
Supermarket, for members. Youth Centre, Denton Island Community
Centre, Newhaven.

Denton Island Community Fridge

Monday to Friday, 9am–5pm. Denton Island Community Centre.
Drop off and pick up surplus food.

Havens Food Cooperative's Community Pantry

Open every day from 9am, 365 days a year.
2a Thompson Road, Denton, BN9 0RS.
Surplus food, available for anyone to collect.
Tel: 01273 918226. Email: havensfoodcoop@gmail.com.

Seaford

SEA Community Larder

Thursdays, Fridays & Saturdays, 10am–1pm. Old NatWest Bank, Clinton
Place, Seaford. Surplus food available for anyone to collect.
Email: hello@seafuture.org.

Friends of Bishopstone Station, Meet Up Mondays

Mondays, 10am–1pm. Lobby Room, Bishopstone Station.
Pop-up pantry, warm drinks, community talks. Tel: 07501 672424.
Visit: friendsofbishopstonestation.org.uk.