# Accessing community food & financial support



Does your household need extra financial support?
There are a range of services, grants and support available.

#### **Useful resources:**

- Citizens Advice, Lewes District can help direct you a range of advice and help services. They can also put you in touch with a range of voluntary groups and foodbanks across East Sussex. Call 0808 278 7892 and leave a message or find advice online at Lewes District Citizens Advice | East Sussex Citizens Advice lewesdistrictca.org.uk
- Welcome spaces safe, non-judgemental spaces where you can: sit and be warm, study or work on your laptop (with access to Wifi), have a hot drink, be with company, access advice or information on things such as debt, bills, benefits and food. Visit lewes-eastbourne.gov.uk/cost-of-living to find out more
- Lewes District Food Partnership, Grow Cook Eat network brings together community-centred opportunities to grow, cook and eat together, including community meals and produce sharing. Visit https://lewesdistrictfoodpartnership.org/resources/grow-cook-eat-network/ to find a project near you
- **Healthy Start** If you're more than 10 weeks pregnant or have a child under 4, you may be able to access help to buy healthy food and milk. Visit https://www.healthystart.nhs.uk/ to find out more

# For a summary of support available:

support

- Check out the Lewes District Council website leweseastbourne.gov.uk/cost-of-living
- Check out the East Sussex County Council website, including resources in other languages https://www.eastsussex.gov.uk/community/cost-of-living-

# **Community Support - emergency food support**

These projects provide food support if your household is struggling to get enough food. Some projects require referral after the first visit.

#### Lewes

#### **Fitzjohns**

Monday afternoons - food collection from 1pm-2.30pm.

6 weeks free emergency food provided

Community Cafe from 12.30

Christ Church, Prince Edward's Road, Lewes, BN7 1BL

Tel: 07598 713444 Email: coordinator@fitzjohnsfoodbank.co.uk

#### **Landport Foodbank**

Mondays 2 - 3pm. Tenants Resource Centre, 2a Horsefield Road, Lewes,

BN7 2TA Referral needed. Tel: 07793 953446

Email: debbietwitchen@gmail.com

#### **Malling Foodbank**

Mondays 12.00 - 1.00pm. Kings Church, Unit 3, Brooks Road, Lewes, BN7

2BY, Referral needed. Tel: 07539 306585

Community cafe 11am-2pm

Email: admin@mallingfoodbank.org

#### Newhaven

## Newhaven Baptist Church Foodbank

Wednesdays & Fridays 9.30am - 12pm. Newhaven Baptist Church,

Church Hill, Newhaven, BN9 9NA. No referal needed for Newhaven,

Denton and Tel: 07312 036610 Email: <u>katecarver1@gmail.com</u>

# Newhaven Community Supermarket & café (SCDA)

Tuesdays 11 - 1.30. Pay As You Feel. Denton Island Community Centre, Newhaven, BN9 9BA. Surplus food, membership required, get in touch to sign up.

Tel: 01273 517250 Email: food@sussexcommunity.org.uk

# **Havens Food Cooperative's Community Pantry**

Open every day, 365 days a year from 9am. 2a Thompson Road, Denton, BN9 ORS. Surplus food, available for anyone to collect.

Tel: 01273 918226 Email: havensfoodcoop@gmail.com

# Community Food Support - emergency food support Peacehaven

#### Peacehaven Community Supermarket & café (SCDA)

Thursdays 11 - 1.30. Pay As You Feel. Community House, Meridian Way, Peacehaven, BN10 8BB. Surplus food, membership required, get in touch to sign up.

Tel: 01273 517250 Email: food@sussexcommunity.org.uk

#### **Seaford**

#### **SEA Community Larder**

Thursdays, Fridays & Saturdays 10am - 1pm. Old Natwest Bank, Clinton Place, Seaford. Surplus food, available for anyone to collect. Email: hello@seafuture.org

#### Seahaven Storehouse Foodbank

Thursdays 11.30am - 2pm. Seaford Community Church, 115 - 117 Vale Road, Seaford, BN25 3HB Referral Needed Tel: 07921 844930 Email: seahavenstorehouse@gmail.com

Website: <a href="https://www.seahavenstorehouse.org">https://www.seahavenstorehouse.org</a>

Please note that these projects are predominately or exclusively run by volunteers, and may not be contactable outside of operating hours.

The majority of projects no longer offer deliveries.

For more information about Lewes District Food Partnership visit www.lewesdistrictfoodpartnership.org

# Community Support - community larders, fridges & cafes

These projects offer surplus food, community spaces and/or refreshments and meals free of charge or low-cost

#### Lewes

#### **Lewes Community Fridge**

Saturdays, 10.30am-12pm, Lewes Town Hall. Surplus food for collection.

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#### Newhaven

#### **Havens Connections Cafe**

Monday to Friday, 10am-3pm, Hillcrest Centre, Newhaven Low-cost cafe and £1 kids meals, with a 'pay it forward' scheme to offer free meals

#### **Denton Island Community Fridge**

Monday to Friday, 9am-5pm, Denton Island Community Centre. Drop off & pick up surplus food

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## Friends of Bishopstone Station, Meet Up Mondays

Mondays 10am-1pm: pop-up pantry, warm drinks, community talks, Lobby Room, Bishopstone Station.